Hi

**Latest Survey Monkey Follow Up**

The BC team have been working through your helpful comments and feedback provided in the latest Survey Monkey.  Many of you appear to be adapting to the prolonged working from home and the indicators are that you are having regular team catch ups which are proving beneficial.  Most of you are now set up and getting familiar with  communication via Teams and other remote methods, although there are a very small number of you who are not yet set up with Teams, and we will work with those individuals to find a solution that works best.  The other key themes that need some attention, and we are therefore working through, are:

* equipment (some requirements for additional screens and other equipment) mainly because of the prolonged homeworking
* the reduced opportunity for socialising within teams or as part of the wider firm is impacting on some of you, particularly in the light of the ongoing/prolonged working from home

We are working through the survey comments and following up with individuals and/or line managers, and we encourage you to raise any other issues or concerns that may arise, so we can add those to the list.  Also if at any point you are suffering aches pains that could be related to your desk set up, please complete a homeworking DSE risk assessment (attached) and return it/discuss it with Karen or Jill or your line manager as there may be small adjustments they can recommend (or can refer to our Health and Safety trainer).

Addressing the social aspect of things, Mental Health Awareness Week is a good opportunity to kick start some regular social interaction (see below) and the Social Committee are also plotting some activities which you will find out about soon.

**Mental Health Awareness Week 18th – 24th May 2020 in conjunction with Alzheimer’s Society**

[](https://www.alzheimers.org.uk/)

As you know from Vic’s input on Friday this year’s theme is kindness (to ourselves and others) and we plan to link a week of activity and acts of kindness to raising money for the firm’s charity ***Alzheimer’s***.  You can find out more about the charity and this fund raising event on the intranet in an article Victoria has written: [LINK](http://intranet.aat.local/Lists/Announcements/DispForm.aspx?ID=2355&Source=http%3A%2F%2Fintranet%2Eaat%2Elocal%2FSitePages%2FHome%2Easpx&ContentTypeId=0x0104004C49FD337AA3604B8992F1E063B7CEDA).

To make a donation via the Just Giving Page: <https://www.justgiving.com/fundraising/lockdownfundraising>. We are up to an amazing £446 and Vic is releasing some of the videos prepared by the partners shortly.

***Challenge Event***

Plenty challenges are being completed this week – what are you doing?!  Share some pictures of you in action on the Home Working intranet page <http://intranet.aat.local/wfh/_layouts/15/start.aspx#/SitePages/Home.aspx>, or alternatively email them to Jill or Karen who will upload them for you.  Some suggestions of some physical and not so physical activities are:

* HIIT, yoga, running (e.g. homebound 5k), walking, cycle your commute, gardening, dancing in your kitchen!
* Yes Day, an act of kindness, baking, home haircuts/head shave, coin hunts, lip sync battle or waxing!

Also, in support of Mental Health Awareness Week MIND have launched a [workplace coronavirus hub](https://mind-charity.org.uk/CZC-6VGD0-RCOOLJ-427OFD-1/c.aspx), full of tips and advice for employees on how to stay mentally healthy during the pandemic and [coping with being furloughed.](https://mind-charity.org.uk/CZC-6VGD0-RCOOLJ-427OWM-1/c.aspx)

Finally, we wanted to remind you of the firm’s Mental Health at Work Policy, which has been updated to include reference to remote working.  The policy is attached and can also be found in the Employee Handbook in HR General.

**Competition time**

Attached is an updated spreadsheet showing the answers.  Two people got a clean sweep - Rachel and Nick - and even allowing for the handicap system to level the playing field for those who knew at least one answer, they beat the rest of the entrants.  This brings us to the excitement of the tie-breaker, with Nick guessing 37 letters were opened on Friday and Rachel 24.  The answer was 39 letter so we have a clear winner – Nick! Well done.



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