Hello!

The inaugural AAT Film Club took place this evening and we discussed the film Dating Amber (available on Amazon Prime). It was a film that we all enjoyed so would recommend you check it out if you are getting tired of clicking through all the endless choices!

If you have any suggestions for the next film please let the Wellness Champs know. It doesn’t have to be a film you have seen, maybe one that looks interesting or you have heard good things about. Don’t be shy about recommending something because you are worried others might not like it. Having said that, I am reluctant to put forward a choice as Ian and his wife are still not happy with the last film I spoke to him about (note that I did not say I “recommended” it, I merely “spoke” about it). If I can survive that any choice is acceptable. The film was Enemy starring Jake Gyllenhaal in case you were wondering. To be clear, this is not a recommendation, although you’re curious now aren’t you, I can tell…..

Thanks

Claire

Hi all

Thank you to those who attended the first film club on 22 June, and Claire for her email following this.

The next film club will take place on Monday 6 July and we are going to discuss ‘Captain Fantastic’, available on Netflix.

As with the book club, even if you don’t get round to watching it before we meet still feel free to pop along and join us for a chat in the Virtual Kitchen on MS Teams 

If you can’t make the 6 July but have suggestions for what we can watch next, please email me before/on 6 July.

Kind regards

Jilly